WHO?
- The Rapid Wheelmen Time Trials are open to Rapid Wheelmen MEMBERS ONLY. You may join at sign up.

WHAT?
- An individual event in which one rides against the clock for approximately 15 miles.

WHERE?
- Grand River Avenue, Ada, MI.

WHEN?
- Every Monday May through August (No Rapid Wheelmen Time Trial on Memorial Day).
- Registration opens at 5:30 pm and CLOSES at 6:15 pm. No sign-ups after 6:15 pm. First rider off at 6:30:30 pm sharp.

REQUIREMENTS?
- A securely fastened ANSI/Snell approved helmet must be worn.
- Read and sign release form. (Only 1 per year is required)
- Under 18 must have a parent/guardian signature on the release form. Under 13 must ride with a parent/guardian.

HOW?
- Sign entry and release form and give it to the registrar. Registrar will assign you a start time/number.
- The staging area is at Ada Park in the Grand River EAST parking lot.
- Each rider shall report to the starting area at least 3 minutes before their start time. At 6:30 pm, the timer starts the clock and calls the first rider to the line. The first rider starts at 6:30:30 pm. Successive riders start at 30 sec. intervals.
- Ride as far to the right side of the road as safe and practicable.
- Distance: approximately 7.5 miles to the turn-around at the signal ahead sign. Look for the paint markings in the road. Turn only when traffic is clear and return the same way you came.
- Call out your number loudly and clearly near the finish line. Repeat if possible. Times are announced in the parking lot only after the last rider finishes. Do not approach the timer for your time while riders are still on the course.

RULES?
- Parking not allowed in the West Soccer Field lot on Buttrick!
- No warm up or cool down on Grand River after 6:30 pm
- Once you have completed the Time Trial, do not cross the finish line again. Please go through the park.
- Whenever stopped, riders and bikes shall be completely off the road surface.
- Keep the entrance drive to the park clear at all times.
- Ride single file at all times except when passing. NO DRAFTING.
- Times will not be given out until after the last rider finishes.
- A point person must be at the turn around to establish a course record.

TIMES!
- A record of times is kept on each rider. At the end of the season, your best time will be listed in the newsletter.
- If you wish to contest your timing, this must be done by Sunday of the same week of the time trial you are contesting.

QUESTIONS:
- Email timetrials@rapidwheelmen.com